



Opportunity News

Join in the Journey of my New Business Adventure
www.pathwaytoopportunity.com

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My Wish The Movie

Donna Sirianni is creating a wonderful worldwide buzz around her documentary "My Wish" and its connection to the "everyday person". Donna is a former Science Teacher. Donna resigned from her school teaching to focus on raising a family. It wasn't long before Donna was drawn again to make a positive impact in the lives of others and felt that she wanted to do this through the media. Donna said "I decided to go for the dream of producing and acting in TV and Film creating positive pieces of work that would hopefully inspire people worldwide to find the greatness within themselves and to go for their own dreams." Donna went out of her comfort zone to document the journey from day 1.

Where did you get the idea?

"Well, I always had an interest in the impact that film, TV and music had on people. A friend of mine told me to never underestimate the positive impact that I could have on people. So I figured why keep this journey to myself? So I took the leap to do the "going outside my comfort zone thing" and document my journey from day one.

Well since you are starting at "zero" how are you going to make that happen?

"Well, I really want people to feel they are part of this as they are

following me through my website, blogs, and interviews about my dream of contributing into the entertainment industry. As they follow my dream, I invite them to simultaneously be going for theirs! So I am deciding to announce that we would need 4,000 people to donate \$100 each (100% of it going to fund the film). I will include their name in the closing credits of the movie as "Dream Makers" because it would be because of them that this film was able to be made. And as a gift from us, I have found talented certified life coaches from all over the world who are willing to donate their time to this movie and its audience members. I will call these life coaches "dream coaches" since I asked them to ask the fans what their specific dream is and how to get it going in their current set of circumstances. These dream coaches will conduct a "My Wish" session, totally complimentary, about helping them to jump start their own dream! I'm envisioning it as a "we're all in this together" effect. I really want this film to be inclusive and make a real positive difference in the lives of its audience all over the world to not just talk about manifesting dreams - but to actually DO IT! You can go to the "My Wish" website at



Donna Sirianni,
View the film trailer at
www.MyWishTheMovie.com

www.MyWishTheMovie.com and sign up to receive updates with just your name and email address. All net proceeds of the film will be going to the **Hartman Foundation for Parkinson's Research**. You can read up about it at www.HartmanFoundation.org. Fr. Tom Hartman is a very close family/friend priest that I've had the privilege of knowing for over 20 years. He has been diagnosed with Parkinson's and is now leading his foundation to find "a cure for sure!" He has been a major positive impact in my life, next to my parents, and I want to give back to him for all that he has done for my family and I, as well as for so many others.

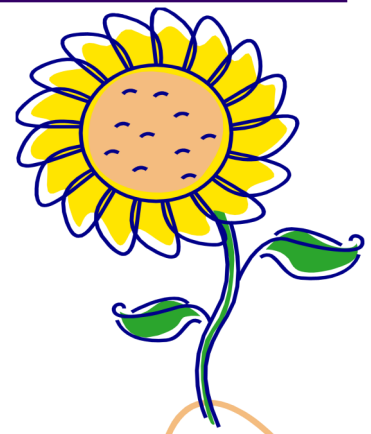
Thank you Donna for sharing with us your amazing journey!!

Grow like a Sunflower

I want you to grow like a sunflower and really flourish when the summer sunshine breaks through the rain clouds. Here is a creative coaching tool for you to apply to any area of your life. So if you're thinking of what might be that next career move or how to manage your time better, give this exercise a go. The positive answers are in the petals.

Please take some quiet time out to help you move forward in life.

1. Write in the centre of the sunflower what you want to consider e.g. What are my career options for the future?
2. In each petal write down possible options.
3. Start Growing Today!!



Share with Claire

Let me introduce you to an amazing leading entrepreneur successfully making a difference in peoples' lives. Dominic Carolan left school at 17, travelled the world for 5 years and then started his first business at the age of 23. Today with over 17 years experience he has multiple business interests all started from nothing. His latest and inspiring business venture at www.findingmyfreedom.co.uk teaches others how to follow in his footsteps and create a life of freedom from the drudgery of work .

24/7: Highlight of your week

Getting confirmation that the CAA have granted an ATOL licence to his new Tour Operator company allowing him to take over £1M business in house rather than having to outsource it. The majority of the events he organises are charity fundraising events and this licence will mean more flexibility and cost savings allowing even more funds to be raised for charity.

MMM: Most Memorable Moment

His first day in business. He had spent 10 hours cycling around London putting up posters for an event he was organising and returned home to find that several people had already enquired about it. It was at this point he knew that his business idea was going to work and that he would fulfil his dream of never having to work for anybody else,

WOW: Words of Wisdom

You spend over 50% of your waking hours at work and you therefore owe it to yourself to spend this time working at something you find enjoyable and inspiring. Life's too short to spend it doing anything other than the things you really want to do.

BBB: Best Business Book

The Four Hour Work Week by Tim Ferris – whilst most other business books focus on money this book focuses on the far more important issue of time.

Thank you Dominic for sharing your valuable experiences.



Findingmyfreedom.co.uk



Above: Dominic Carolan takes some time out of his busy diary to talk to Claire about his latest venture.

Opportunity Talks—Pet Bereavement Counsellor



**Christine Burns
Pet Bereavement
Counsellor**

My name is Christine Burns, and I live in Ayrshire. I am a pet bereavement counsellor. Most people say they have never heard of such a thing, as there are not many of us around. I am able to support people by one-to-one meetings, telephone, text message or email, when they are struggling to come to terms with the daunting thought of losing their beloved pets, pre or post bereavement. Thankfully, we now live in a more enlightened world, when much more is known and understood about the relationships we have with our companion animals, and the grief experienced when those relationships come to an end. We in fact lose not "just" a pet, but a much-loved member of our family, and as our animal friends are a source of unconditional love for us, and so much a part of our daily lives, they are greatly missed. Grief can be a

complicated and long lasting experience, with each individual having their own path to follow, and many stages which may need to be worked through - and even though nowadays, more is understood about loss and the emotions surrounding it, it is still likely even in this day and age, that anyone displaying their sadness may be told "But it was only a dog/cat/horse/rat/snake....." Fortunately, some of us realise the importance of acknowledging and working through that grief, and feel able to assist other animal lovers to do just that. Vets and vet nurses are also these days, much more aware of how important it is, that this subject is handled sensitively.

I can give information and advice on all aspects of losing a dear pet, even providing details for arranging cremation or burial if required, as well as helping

the owner come to terms with the actual grieving process itself. I have much information available, and much in the way of comforting literature to share if required. I am a lifelong pet owner myself, and having endured the pain of losing my own pets over many years, feel I can empathise with those also suffering in this way. I can be contacted by telephone on 01563 555885, or mobile 0797 129 7702, or by email on: murphygill@btinternet.com - with "PBC" in the subject line. It is fortunate that nowadays, with so many ways of communication available, the world is a small place, and so I am not just restricted to helping people in my home county. Please feel free to contact me or pass on my details, and rest assured that each person and case is treated on its own individual merits.

Thank you Christine for sharing your great work with others.

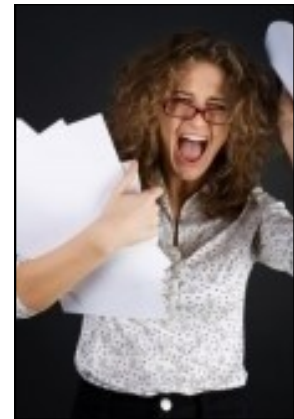
Never Give Up

Hayleigh Barclay inspires us all to **never give up**.

OK, so yes, I am only twenty one, with not much life experience. I've never been made redundant or had to worry about missing a mortgage payment. But make no mistake over the past year I've had my own series of stresses, much of which came from completing my Honours Year at university. Make note of the word completing! Many people will think that a student would know nothing of the real world or be able to understand about real problems, but where my problem began was with self-confidence. I'm not exactly sure what or how it happened, but I remember suddenly feeling that I couldn't do anything or see the point in

anything. I think it may have been fear of not getting a job after graduating and of failing the entire year, but whatever it was, it had a deep impact. I had spent four years at college and uni learning to make movies (albeit small ones) and writing scripts. I was doing well and enhancing my skills, but suddenly I thought whatever I did wasn't good enough. What was worse was I didn't know who to go to for help. I wanted someone to magically make me feel better. Eventually, however, I realised that no matter how supportive people were, I was the only person who could sort myself out. Wow shocking! So each day I did what I had to do in order to benefit tomorrow. I don't have enough space to go into details

about what I did, just believe me it involves about eight months of hard work! But it was worth it. For a brief summary it included; taking each day as it came, depending on what tasks had to be done and what obstacles were in the way; forcing myself to write something even if it felt like nonsense at the time; and keeping in mind that every piece I completed was a step forwards. I've learnt alot about myself, including my strength and determination (or is it stubbornness?). Even better I actually COMPLETED my Honours Year, still relatively sane! So I hope my extremely edited story can help people **not to give up** because only you can do what you have to do.



“Every piece I completed was a step forwards”

Something to Believe In

It's a story known across the world and brilliantly portrayed in the film **"Chariots Of Fire"**. Eric Liddell was the hot favourite for a gold medal in the 100 metres at the 1924 Paris Olympics. Then he heard that the heats were to be held on a Sunday. After some

tortuous soul searching he declined to run on the Sabbath. His daughter, Patricia, has no doubt what would have happened if he had run. "He'd have lost. Something would have gone from his soul. He'd have broken something that was important to him". Like Eric Liddell we can

practice, train and work towards our goals, but without something to believe in we might never get away from the starting line. And because he adhered to his beliefs, Eric Liddell ended up running in a race he hadn't practiced for - and set a new Olympic record.



“Like Eric Liddell in the 100 metres at the 1924 Paris Olympics (left), we can practice, train and work towards our goals, but without something to believe in we might never get away from the starting line.”

BUSINESS OPPORTUNITIES



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Follow my blog: <http://www.lifecoachmylife.blogspot.com/>
Follow me on Twitter: <http://twitter.com/ClaireMCMurray>
Follow my daily video diaries: www.pathwaytoopportunity.com

Bucking the trend

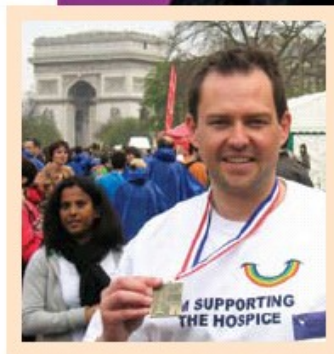
CLAIRE MURRAY, PHD HUMAN RESOURCE MANAGEMENT '08, and Inderpreet Singh, MBA '06, have both taken bold steps in the current economic climate. Having spent many years in the recruitment and consultancy industry, Claire and Inderpreet have used experience and knowledge gained at Glasgow Caledonian University to launch their own recruitment and consultancy companies.

Murray HR Training & Consultancy is Claire's brainchild and specialises in people development, coaching and mentoring. "I always knew that I wanted to continue working with people and help them learn and develop," she said. "I am an extremely self-motivated and positive person, and I have used my determination and passion to drive my businesses forward."

Entrepreneur Inderpreet shows the same drive as he launched his recruitment company, Tech-Hiring Ltd. "Starting up my own business during this recession has been hard, but if you have a good idea you have to go out there and make it work."

Despite the economic downturn, Claire and Inderpreet are optimistic that their decision will be fruitful in the long-term and encourage others to follow their own ambitions. "One of the benefits of starting a new business venture in the recession is that things can only improve." Inderpreet says.

Visit www.tech-hiring.co.uk and www.murrayhr.com



Claire Murray, Phd Human Resource Management '08

The Heart of my Vision "Inspiring People on the Pathway to Opportunity."